

REVISED 4/10/19 (Awards)

Track Schedule 2019

	Date	Opponent	Site	Time
Thurs	April 18	Monticello	Cascade	3:30
Tues	April 30	Coweeman	Coweeman	3:30
Tues	May 7	Huntington	Huntington	3:30
Thurs	May 9	Mt. Solo	Cascade	3:30
Thurs	May 16	Sub Districts vs Mt. Solo/Huntington	Kelso High School	3:30
Wed	May 22	Districts	Kelso High School	3:30

Start times:

Field events begin at approximately 3:30

Running events begin at approximately 3:45

Pictures: Tuesday, April 23 at 2:30

Awards: Thursday, May 30 at 3:30 - Café

Head Coach: Jake Bechtel

Assistant Coaches: Dave Parsons, Lee Kessler, Michelle Guzman

Order of Events:

100 meter hurdles
100 meters
1600 meters
4x100 meter relay
400 meters
800 meters
200 meters
4x400 meter relay



Cascade Colors: Black & Gold
Mascot: Cavalier

Volunteers Needed:

If you would like to volunteer at our home meets, please call (360) 577-2702.