



Outreach, Inc



WINTER FOOD BOX DRIVE

Help Outreach provide meals for local area students throughout their Winter Break from school.

Suggested Food Items Include

Hamburger Helper	Canned chili
Tuna Helper	Macaroni and Cheese (boxed)
Chicken Helper	Boxed crackers (Saltine, Triscuit, Wheat Thins)
Uncooked pasta	Pancake Mix
Spaghetti sauce (canned, not in jars)	Jello - Instant
Boxed potatoes (mashed or other variety)	Pudding - Instant
Boxed rice	Baking Mix
Instant mashed potatoes	Cereal - cold
Rice	Cereal - hot (instant oatmeal)
Stuffing (Boxed)	Pop Tarts
Top Ramen	Ketchup
Noodle Bowls (like Yakisoba)	Mayonnaise
Cup-a-soup (instant soup bowls)	Mustard
Soup - canned	Peanut Butter (plastic containers)
Vegetables - canned	Jelly (plastic containers)
Fruit - canned	Syrup
Tuna Fish - canned	Granola Bars
Canned Meats (Spam, Beef Stew, Chicken)	Cookies
Canned Pasta (ravioli, spaghettios, etc)	Fruit cups